

Research on the Path of Quality Education for College Students by College Student Associations

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Abstract: Quality education aims at comprehensively improving people's basic quality. Quality education for college students includes ideological and moral quality, scientific and cultural quality, physical and mental health and professional innovation. As the “second class” of college education, college student association is an important supplement to the first class, which expands the paths of quality education. Colleges can make full use of ways such as clarifying the orientation of student associations, grasping the main body of students, establishing and perfecting relevant systems and strengthening the development ability of student associations to give full play to the quality-oriented education of students by student associations.

1. Introduction

Jinping Xi, the general secretary, pointed out that efforts should be made to build an education system that comprehensively cultivated morality, intelligence, physique, beauty and labor, and to form a high-level personnel training system at the national education conference last year. Colleges are the important places to cultivate talents. The country has always attached importance to the cultivation of college students' quality education, emphasizing the all-round development of morality, intelligence, physique and beauty. As the “second class” of the communist youth league of colleges, the student association has different advantages from the “first class”. It is an important environment and way to cultivate college students and plays an important role in the process of quality education for college students.

2. Meaning and Characteristics of Student Associations

2.1 The Meaning of Student Associations

Different scholars have different views on the definition of college student associations. At present, there is no definitive definition of “student association”. The official definition of “student association” by the Ministry of Education dates back to 2005. In 2005, the Ministry of Education issued “opinions on strengthening and improving the work of college student associations”, which pointed out that “student associations are student organizations formed voluntarily by college students according to their interests and hobbies, and carry out activities independently according to the articles of association”. Different versions of encyclopedia and Ci Hai have different definitions of community. Based on the definition of student associations given by various researchers, the author believes that student associations are student organizations spontaneously organized by college students according to their common interests and values, with clear goals and on the basis of certain rules and regulations.

2.2 The Characteristics of Student Associations

Student association is the product of the development of the times, its characteristics will change with the development of the times. In today's times, as a way to carry out quality education for college students, student association has its unique characteristics and advantages, which help to play its role in the process of quality education. From the dimension of quality education, student associations mainly have the following characteristics:

The first is autonomy. The establishment of college student associations and the development of activities are carried out on the basis of students' willingness. Student associations do not have the same strong binding force as the student union. They do not have a fixed organizational structure and have a high turnover of staff. The members of student associations carry out the activity according to the interests and the hobbies. As the host's identity, students were not forced to participate, but voluntarily. The autonomy of student societies is reflected in their self-management and self-development.

The second is goal. Student societies are groups that formation is based on the common goals of group members. When students choose to join a club, they will start from their own characteristics, interests and hobbies, hoping to get the need to grow up in the club. Objective is the root of the cohesion of students' associations and the guarantee of the smooth development of association activities. Groups of students with a common goal stick together, and that is the goal of the club.

The third is richness. College student associations are established and run on the basis of cultivating all-round talents for the society. There are many kinds of student associations in colleges and universities, involving a wide range of audiences, so the activities are diversified in form and rich in content. The richness and diversity of the activity content to a certain extent meet the majority of students to cultivate interests and hobbies, exercise various skills, so as to achieve self-development and adapt to the needs of the society.

3. Meaning and Composition of Quality Education for College Students

3.1 The Meaning of Quality Education for College Students

The former state education commission once made a clear explanation of the meaning of quality education: "Quality education is to improve the quality of the national education for the purpose of education. Education comes from "education law". It focuses on the requirements of educators and the long-term development of the society. The purpose is to face all students and improve the basic quality of students in an all-round way, and it pays attention to cultivate the attitude and ability of students, but also to promote their development vividly, breezily and forwardly in many aspects."

Quality education in China includes early childhood education, basic education, adult education and higher education and so on, involving various stages and categories. Quality education for college students is different from quality education for primary and secondary schools. Quality education for college students fully implements the party's educational policy. Its fundamental purpose is to improve the comprehensive quality, and its training focus is the innovative spirit and practical ability of college students. The quality education of college students hopes to train the builders and successors of socialism who have ideal, morality, culture, discipline and can develop in aspects of morality, intelligence, physique and beauty.

3.2 The Composition of Quality Education for College Students

Understanding the content composition of college students' quality education is helpful to carry out the concrete work of college students' quality education. College students' quality education mainly consists of four aspects: the education of ideological and moral quality, scientific and cultural quality education, physical and mental health quality and professional innovation quality. These contents complement and support each other and constitute the quality education system for college students.

4. Relationship between Activities of College Student Association and Quality Education of College Student

College students' association activities and college students' quality education are closely related parts of college education. On the one hand, activities of college student association are conducive to improving the quality of college students, including ideological and moral quality, humanistic quality, physical and mental health, professional quality and innovative quality. Through activities, students can develop various talents and skills, and their knowledge level and spirit will be

improved to a certain extent. On the other hand, the improvement of education of college students' quality is conducive to the development of student association activities. The quality of activities depends to some extent on the ability level of the organizer, and activities are basically held by students themselves. Therefore, the improvement of college students' quality is conducive to the development of rich community activities. The good interaction between the two can form a virtuous circle, so it is necessary for college student workers to guide students to do well in community activities. They should make good use of the second class in colleges and carry out education of quality for college students through community activities.

5. Function of Student Association Activities in College Students' Quality Education

5.1 Activities of Student Associations Can Improve the Ideological and Moral Level of College Students

Marx once said, "The foundation of morality is the self-discipline of the human spirit." As college students in the new era, good ideological and moral cultivation is a necessary quality. A person's ideological and moral level determines his political direction and behavior style. As an important place for students outside the classroom, student associations can subtly affect the minds of club members. A positive and healthy associations can urge its members to pay attention to national affairs, discuss current affairs, and discuss the value of life. It can effectively stimulate students' political enthusiasm and patriotic enthusiasm, and enhance their sense of national identity and historical responsibility. In getting along with members in associations, college students can also learn the way of getting along with others, and grasp the moral norms, so as to improve the ideological and moral level.

5.2 Activities of Student Associations Are Conducive to Strengthening the Cultivation of Humanistic Quality

The goal of the cultivation of humanistic quality is to make college students become people with rich cultivation and knowledge in the field of humanities. It wants college students to be creative and contagious, and to be a man who is true, kind and beautiful. There are a lot of activities related to humanities in college associations, such as artistic performance, humanistic lectures, art works exhibition, essay contest, speech contest and so on. By participating in these activities, college students can feel different cultural edification and improve their abilities in various aspects comprehensively. These activities are far more interesting and rich than classroom learning. Learning and growing in this way of teaching through lively activities play a significant role in cultivating the humanistic qualities of college students.

5.3 Activities of Student Associations Can Promote Physical and Mental Health

The harmonious development of physical and mental quality is the inner requirement of scientific health concept. College students are young. In this stage, the three views have not really formed, and college students have not reached the state of full maturity of psychology and physiology. In physical and mental quality, the most prone to problems is college students' ability to resist setbacks. College is a transitional stage between school and society. While enjoying college life, college students are also faced with huge employment pressure and various complicated interpersonal relationships. Groups and organizations can help solve these problems. The associations are formed by the interests and hobbies of college students. In the loose and free environment of the association, college students can freely talk about their own ideas and find like-minded friends to share their troubles and confusion. This is an effective way to release pressure and solve problems, which is conducive to the healthy development of college students.

5.4 Activities of Student Associations Help to Consolidate Professional Quality

Professional quality requires college students to have solid basic theoretical knowledge, profound professional knowledge and extensive professional knowledge. Classroom is the most important way for college students to acquire these knowledge. In addition, some academic and

professional student associations can also enrich college students' professional knowledge. College students participate in club activities. They perfect their professional knowledge structure by combining in-class and extra-curricular knowledge. The community mainly provides practical approaches. By practice and broadening their horizons, college students can better understand and apply what they have learned, and strengthen and consolidate their professional qualities.

5.5 Activities of Student Associations Can Effectively Stimulate Innovative Thinking

Innovation is the soul of a nation. In the process of education, we should pay attention to the cultivation of innovative ability and quality. The environment of associations is liberal, democratic and free, where college students can fully mobilize their own initiative and give full play to their imagination and creativity. On the one hand, college students can fully develop their interests and hobbies in the associations, and inspire their love for life and creation. It is easier to generate new thoughts and ideas based on love. On the other hand, members of an association come from different majors. In such a highly divergent organization, each member of the association can feel the differences in the thinking mode and knowledge background of students of different majors. Such cross influence is conducive to the collision of innovative sparks.

6. College Student Associations Develop the Path of Quality Education for College Students

6.1 Define the Orientation of Student Associations

Today's society is in a period of great development and transformation. College student associations should keep pace with the times and have accurate positioning of themselves. College student associations are established based on the common interests and values of college students. Each student association has a clear goal, and the activities are carried out around this goal. There are various kinds of student associations. In the complicated community environment, it is very important to make a clear orientation. For example, from the perspective of types of associations, it can be roughly divided into academic theory, physical fitness, artistic performance, mental health, public welfare practice and so on. According to their own types, the student associations have a clear orientation and development direction. Quality education for college students involves many aspects. It needs to be carried out well on the basis of clarifying the status of student associations. Therefore, colleges should focus on the quality education of college students and guide the orientation and development of various student societies to create rich and distinctive societies in the campus.

6.2 Take Students as the Main Demands

The demand of students as the main body, is to recognize, pay attention to and adhere to the status and role of the main body of students in activities and practice. College students are the main body, initiator and beneficiary of association activities. Quality education for college students is ultimately for the development of students. Therefore, in student association activities, colleges should always put students at the core and give full play to their initiative and enthusiasm by their needs and physical and mental characteristics. From the establishment of associations, system construction to the development of activities, college should make students manage and develop associations by their own wishes and needs as much as possible within a reasonable scope, so that student associations can truly achieve self-education, self-management, self-improvement and self-development.

6.3 Establish and Improve the System of Student Associations

A sound student association system is the guarantee for the effective development of activities of student association in colleges. The benign operation of student associations needs to rely on scientific system management. Firstly, student associations have autonomy, which is not unlimited, but based on certain rules and regulations, which is a degree of relative freedom. Secondly, the student association is an important place to cultivate the comprehensive qualities of college students. The activities unify theory and practice, and play a key role in quality education for college students.

A sound system can guarantee the daily operation, activities and development of student associations. Only by constantly improving and perfecting the relevant system can the student associations run well.

6.4 Enhance the Sustainable Development Ability of Student Associations

In order to carry out quality education for college students, colleges need to enhance the sustainable development ability of student associations. With the rapid changes of social development, student associations should adjust themselves in time according to the changes of the environment. Innovation is the key factor to enhance the sustainable development ability of student associations. Innovation is not only the soul of a nation, but also the source of the power of a community. The innovation can be divided into two aspects. One is content innovation. At present, the post-00s enter colleges. Student associations should organize activities to meet the needs of the post-2000 college students. Colleges should understand their physical and mental characteristics, then reform and innovate activities for the cultivation of the overall quality of college students. It is necessary to inject new blood into student associations. The other is method innovation, which means that when dealing with the problems of the association, we should not always follow the old methods to solve them, but insist on the unity of theory and practice, the unity of students and the association. Educators and students should constantly open up new ideas, and finally carry out the quality training of college students.

7. Conclusion

Student associations are the second class of quality education for college students. Colleges should realize the significance of student associations and make good use of them to develop the effective paths of quality education for college students with the consideration of the times' requirements and the physical and mental characteristics of contemporary college students.

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