

## Research on the Influence of Family Education on Minors

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**Abstract:** Family education has been a very important topic since ancient times. Minors represent the future and potential of a country. Family, as the earliest and the first place for minors to receive education, has a distinct guiding role in the formation of their outlook on life, world outlook and values. Family education also affects and restricts the growth of minors in different aspects. At present, society is in the transition period in China. The family education not only conforms to the thought of China's development of advanced education, but also has some educational problems, which seriously affect the physical and mental health development of minors. In view of this, mainly starting from the family education in this paper, we analyze the positive role of family education in promoting the growth of minors, the existing problems of family education and its impact on minors. We propose to improve the quality of family education base on analysis in this paper.

### 1. Introduction

#### 1.1 Family Education and Its Contents

Under the influence of patriarchy in ancient China, we generally understand the family as an important organization to maintain the survival and reproduction of the family. As important members of the family, children and offspring have a great impact on the development of the family. "Cihai" defines family as "a common living organization among relatives produced by marriage, consanguinity or adoption" which emphasizes the importance of consanguinity and reflects the influence of parents and other elders on the offspring. As a system, family is an important place for children to interact with their parents, and children's world view, outlook on life and values are directly influenced by their parents' education to a large extent. In a narrow sense, family education can be regarded as the education of minors by parents and other elders, while in a broad sense, family education refers to a teaching method implemented by family members. In other words, family education emphasizes the importance of "family" and is one of the most basic education for children.

The effect of family education on minors is very significant, in terms of the content of family education. Mainly involves in the children's ideological quality and conduct. Above all the most crucial is to cultivate the minor's thought moral character, the minor is in the development stage, each kind of thought is in the immature state, at this time the family education is good or bad can say to decide the minor's character quality [1-2]. Teenagers have a good ideological and moral quality, in order to lay a solid foundation for the future of life, parents education children to be honest and trustworthy, generous and clean, tolerant to others, which can reflect the moral cultivation of children, but also reflect a family to children's education level.

Another is an approach for minors to conduct themselves with honor, which also includes the study level of minors, as parents to discover the child's learning and guidance, talent to cultivate children's self ability at the same time, before doing anything, all want to get in the habit of making plans, to cultivate the spirit of the dare to struggle, education of minors with be polite and so on. In addition, family education must also pay attention to the training of minors' independent living ability.

## **1.2 The Positive Influence of Good Family Traditions on the Growth of Minors**

To some extent, whether the family education is good or not determines the formation of the minor's values and outlook on life. A family with a good education is bound to form a good family style, and the family style is the outstanding spiritual outlook, moral quality and overall temperament inherited from each family generation, it reflects the education level of a family, good family style has a positive role in guiding the growth of young people.

First of all, family education is the foundation of the growth of minors. Youth is the future of the motherland, in order to build China into a socialist modern power, good education and family style is one of the important ways. Good family style can promote minors to cultivate good living habits, gradually develop an independent way of life. At the same time, the family style can promote the development of "moral education", and many excellent teenagers are inseparable from the edification of their parents' fine qualities and the guidance of good guidance.

Secondly, good family education and family style can have a lasting impact on the physical and mental development of teenagers. Family education is the foundation and premise of school education and social education. From the moment the child is born, family education is produced invisibly, and the ability of parents to educate the child can determine the height of the child's starting point. Good family style also promotes the formation of a good family atmosphere, this harmonious family atmosphere can influence the physical and mental development of minors in a subtle way. The influence of school and society on teenagers is phased, while family education is permanent. It is accompanied by the growth of children. Parents should attach importance to the education of children, form a good family style and promote the healthy growth of children.

## **2. The Current Problems of Family Education in China and Its Impact on Minors**

### **2.1 Current Problems in Family Education in China**

#### **2.1.1 Parents' Educational Concept**

The difference of parents' educational concept has a direct influence on the educational mode. Firstly, the concept of backward and closed education in rural areas is backward. Due to the unbalanced development of China's economic level, many families still live in a poor state of life and their parents have a low level of education, so their educational concept still remains in the range of backward rural education. Parents with this kind of educational concept seldom give their children good cultural education and ideological and moral education, so that their children's quality in all aspects is still at a very low level, this traditional family education concept is easy to ignore the mental health of minors and other issues. At the same time, due to the backward rural concept, parents have more children, which is also easy to lead to the lack of children due to the father or mother love, the growth of children has a very negative impact.

Secondly, parents attach importance to the cultural cultivation of children and neglect the educational concept of moral education. Under the current social pressure, children's diplomas and various skills have become the standard for parents to judge the good and bad. Every parent wants their child to be excellent, so they tend to strengthen the child's intellectual development, in their view, the children's academic performance is the first, and the others are second [3]. This kind of educational concept that attaches great importance to culture and ignores moral education will first cause great pressure on minors' study, and in the long run, it will cause them to lack the quality they should have, and lead them to form a "rebellious psychology" and lose their due good childhood. "Moral education" for family education should be placed in a relatively important position, minors lack of "moral education" training will form a bad habit, lack of the ability to distinguish right from wrong, resulting in their indifference to others, lack of social responsibility.

#### **2.2.1 Parents' Educational Style**

Traditional doting educational style. Nowadays, many families are dominated by the only child. In the process of children's growth, parents' care for children is essential. However, parents'

excessive indulgence of children who regard children as "precious" in their hands will cause harm to children. This way of education includes unconditional satisfaction of all the requirements of the child, even blindly conniving, the child made a mistake is blindly to protect them, to them. Excessive indulgence leads to self-centeredness, lack of independence in life, rigid relationship with others, and even leads to their rebellious psychology, which makes them prone to a bad road.

Education methods of violence. The growth of minors needs the care of their parents. Excessive indulgence is a wrong way of education, while little care or even violence towards children is an extreme way of education. Quite a few parents believe that "dutiful children are born under sticks", and this kind of educational concept brings not only physical but also psychological harm to minors. They often beat, order or intimidate their children into obeying their demands. This way of education makes the minors lose self-confidence and self-esteem, leading to their emotional instability and character defects, and even eventually to the road to crime [4].

Neglect the educational methods of communication. The growth of minors needs to go through many different stages, and their outlook on life and values must be correctly guided by their parents. Many parents who lack correct educational concepts tend to ignore or even ignore their children's own ideas and blindly inculcate their own ideas to minors. Without communication between the two sides, children's ideas cannot be expressed, which is easy to kill innovative ideas, and children will lose the ability to innovate. As parents, the value of minors to must correct guidance, to listen attentively real idea of every child, family should have a good atmosphere of mutual exchange, mutual understanding, the contradiction between the parents also try not to show in front of the children, more is to communicate each other, it can form a good family atmosphere, and conducive to the growth of minors.

## **2.2 The Negative Impact of Existing Problems in Family Education on Minors**

To a large extent, the problem of family education comes from parents' wrong educational concept, and bad family education has a negative impact on minors. Firstly, it is reflected in the psychological aspects of minors, such as the lack of self-confidence and self-esteem. Children who was born in the authoritarian nature of the family violence often do not have the physical and mental freedom, parents beat and scold so that they gradually lose self-confidence and self-esteem, lack of confidence is a kind of inferiority, under the violent education of parents, children feel everything not as good as others do, lift head in front of others, in the face of difficult times always negative coping, lack of sense of responsibility and courage to face difficulties. And the lack of self-esteem is also the result of parents' wrong education. What minors need is encouragement in study and life, instead of parents' blindly suppressing or even exerting violence. Minors lack of social experience, long-term strike will lead them to depression, serious will also lead to suicide and even crime road.

Secondly, problematic family education also reduces the ability of minors, the ability include learning, independent living skills, and interpersonal skills. In school, we often see many students who have bad study habits and lose the ability to learn, such as cheating in exams, making noise in class, not finishing homework after class and so on. Parents' indifference to their children's learning reflects the lack of communication in family education. A survey conducted by the Chinese psychological society in some provinces found that 31% of families lack communication between parents and children. Parents need to understand their children's ideas and develop a sense of responsibility instead of just ignoring them.

Minor loss of the ability to live independently is mainly due to the doting parents in such a family full of love, what children want their parents are all arrangements, blindly follow, but one day the child to leave parents living on his own, in such a doting on the growth of children in the family lost the ability to live independently, can not adapt to society, all aspects of the ability will fall.

In a word, the problems of family education are mainly due to the influence of parents' bad educational concepts, while the emergence of family education problems has a negative impact on the growth of minors, they lose self-confidence, self-esteem, lack of various abilities, and will

eventually deviate from the path of the society.

### **3. Suggestions on Improving the Quality of Family Education**

#### **3.1 The Change of Parents' Concept of Family Education**

To improve the quality of family education, the most important thing is the change of parents' educational concept. Since most families are now one-child families, parental tutoring of minors has become the way to improve the overall quality of education. First of all, parents should improve their own moral cultivation level and quality in all aspects. In daily life, they can listen to more public classes in order to improve their own cultivation and accumulate experience in children education. Secondly, parents should attach importance to the cultivation of "moral education" of minors. Moral education should be placed in the primary position of family education and cultural education should be conducted on this basis. Minors have a good moral character, can show their culture of dealing with people, the way of dealing with the world and the courage to deal with social difficulties, improve the sense of social responsibility. To avoid the juvenile in the growth of some wrong tendencies, to prevent the emergence of crime, suicide and other acts.

#### **3.2 Improvement of Parents' Family Education Methods**

While changing the educational concept, parents should make appropriate improvements to their current educational methods. First of all, avoid the use of violence and other unreasonable educational means to minors, parents and children should calm down to listen to the opinions of both sides when problems need to be solved, enhance the emotional communication between the two sides, improve the child's self-confidence and self-esteem [5-6]. At the same time, parents should avoid overindulgence of children, to improve the children's life independence and self-innovation ability, such as let children do some housework, such as washing clothes, washing vegetables or cleaning the room in daily life; When faced with a difficult problem, ask them to solve it themselves, such as homework or problems in life.

#### **3.3 Cultivate a Harmonious and Good Family Atmosphere**

Good family relationship is an important factor affecting family education, parents should strive to create a harmonious family atmosphere. First of all, parents as the head of the family should set an example, to have a healthy psychological, with a healthy psychological to actively guide the values of minors. At the same time to maintain a stable mood, parents should avoid losing their temper in front of their children, keeping a good mood can increase the child's love. Secondly, parents should maintain a healthy and happy marriage life. Harmonious family needs a happy marriage as support. In a harmonious family atmosphere, parents are stable and optimistic. The education for minors is more conducive to their healthy growth.

### **4. Conclusion**

Family is the place for parents and children to conduct activities and communicate with each other. In the family system, parents' family education plays a primary role, and the influence of family education on minors is very significant. Good family education and family style have a positive and lasting impact on the physical and mental health of young people. Young people who grow up in good environment have the ability to live independently, the ability to innovate and self-confidence. However, their parents' educational concepts affect education methods used for educating young people. Minors who grow up in the wrong way of education are easy to lose self-confidence and self-esteem, become lazy and lack of social responsibility. Because the wrong way of education needs to be improved urgently, so parents need to change their educational concept, change the way of education, by virtue of not spoiling, not treating the youth with violence, striving to create a good harmonious family atmosphere, increasing the communication with their children. At the same time, parents must put "moral education" in the primary position of family education, on the basis of cultivating the ideological and moral quality of children to carry out

education of other cultural qualities. In addition, parents should always pay attention to the physical and mental health of children. It is believed that minors will grow up healthily after their parents change the educational concepts and improve the educational methods.

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