

On the Current Situation and Countermeasures of Music and Dance Education in Colleges and Universities

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Abstract: Dance education is one of the important contents of promoting quality education for music majors in local colleges and universities. Dance education not only improves the ability of college students to appreciate beauty, but also enables local music graduates to better adapt to music education in local colleges and universities. In the teaching of music major in local colleges and universities, dance education undertakes the task of cultivating students' aesthetic education ability, and plays an important role in cultivating students' ability to appreciate and create beauty. In addition to the correction and improvement of the student's body, the dance course also cultivates students' aesthetic ability and dance creation ability. This will help college students' future life and work. Art education is an important part of college education, which aims to guide and nurture students through art. Let students form correct aesthetic concepts and establish correct values and outlook on life.

1. Introduction

Dance is a physical activity that combines strength and beauty. It can combine human feelings and actions. Through the display of limbs, people can get spiritual pleasure and feel the charm of art [1]. With the help of human body manifestation, and with the help of music and other props, it presents a form of beauty. It is an organic combination of body language art and psychological language art form. Due to the influence of many factors, dance teaching in music majors in Colleges and universities has many shortcomings, which seriously violates the training objectives of music talents [2]. In the teaching of local college music majors, dance education plays the role of cultivating students' aesthetic education ability, and plays an important role in cultivating students' ability to appreciate beauty and create beauty. As the country intensifies education reform, the comprehensive implementation of quality education [3]. As a powerful supplement to quality education, dance education began to be promoted in colleges and universities. With the continuous increase of modern education reform, dance education has become a part of college education and teaching [4]. Colleges and universities must increase the emphasis on dance teaching, so that college students can develop in many aspects, and then effectively improve the overall teaching quality of colleges and universities.

College music dance education has always been an important form of art education in colleges and universities. During college, students begin to come into contact with different art forms, and students begin to learn to appreciate beautiful things. The importance of dance courses is even more pronounced [5]. After all, the setting of the content of the dance course, the implementation of teaching methods, and the selection of teaching materials are directly related to whether the students who are trained can adapt to the needs of the society. In addition to correcting and improving the student's form, the dance course also cultivates students' aesthetic ability and dance creation ability [6]. This will help college students' future life and work [7]. Although dance has been carried out in Colleges and universities, it plays a role in promoting the overall quality of College students. It is necessary to cultivate excellent interdisciplinary talents rather than just dance performance training. Students' poor self-conditions lead to inadequate movements, which can easily lead to students' lack of self-confidence [8]. Art education is an important part of higher education, which aims at guiding and nurturing students in art. Let students form correct aesthetic concepts, and establish correct values and outlook on life.

2. The Present Situation and Formation Reasons of Dance Teaching in Music Major

Most music majors have little knowledge of dance skills and dance knowledge before entering school, and even have no access at all. This has created certain difficulties for dance education after entering school. Dance teaching is an important part of the training of college music professionals. The saturation of talents in music majors has made the employment situation of college music majors even more severe. Dance education is not very popular in colleges and universities. College music dance education is to cultivate students' aesthetics, find things in life and beautiful, and form a good temperament image. It also plays an important role in improving students' artistic appreciation ability and promoting students' all-round development [9]. In addition to specialized art colleges, there is no special dance course in our education from primary school to university. Even some colleges and universities offer dance courses in the form of elective courses, students participate too little. And the content of the course is too thin to meet the needs of modern dance teaching.

Interest is the power source of all art learning. Without interest as the basis, learning will become dull and half-done. It is difficult for dance teachers in Colleges and universities to make a clear plan for dance teaching and formulate a unified learning goal, which leads to the unclear purpose of classroom teaching. Multimedia is an organic whole of information expression. With the richness and convenience of multimedia network, it can show students a colorful dance world in three-dimensional and perceptual way. One of the characteristics of Chinese universities is to absorb candidates from all over the country. Let students get a good exercise in the process of college and university, and improve the communication between students in different areas. In the context of China's higher education system reform. College dance courses have also undergone major reforms in the teaching model, changing the traditional dance teaching model. Teachers' teaching methods are diversified, not just rigid traditional forms. At the same time, students can feel the deeper connotation of dance education, not just the learning of dance knowledge and skills.

The original audio file is a time-amplitude format with too much data content. The audio file is converted into a spectrum, that is, the time domain is converted into a frequency domain, and the spectrum of the audio file is obtained for research. At present, the development of college dance education is on the one hand to cope with the programming of campus cultural activities, and on the other hand to rehearse some dance works. It is also effective to use the scale to train the consistency of the right and left hands. The process for implementing this function is shown in Figure 1.

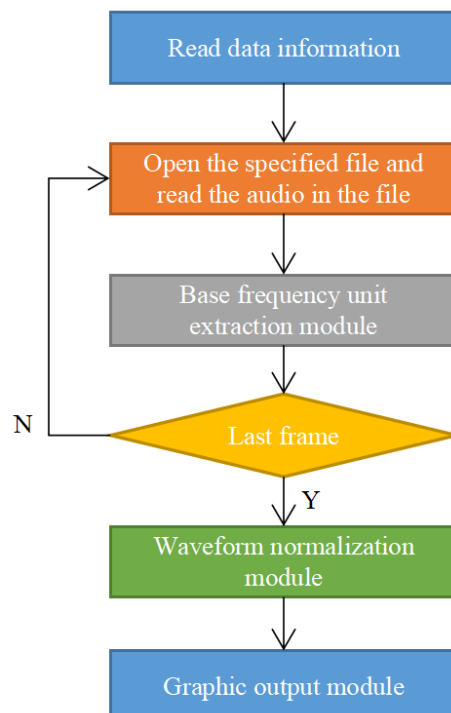


Fig. 1 Music pitch time value feature extraction process

Only by possessing the comprehensive qualities of one or more specialties and abilities can we have an effective way to occupy an advantage in talent competition. Dance lesson is a basic compulsory course for music majors, but compared with vocal music, keyboard and other courses, the class schedule is less. The main service object of education is students. The sole purpose of education is to cultivate students'all-round qualities and innovative abilities. For dance majors, there are relatively high standards in enrollment, and the quality of students determines the future teaching results. The perceptual characteristics of artistic thinking can inspire people's thinking imagination space. When art thinking and scientific thinking are combined, it will promote the development of talents in various fields. The lack of unified guidance and clear teaching objectives will make it difficult to standardize the development of dance teaching in ordinary colleges and universities, and it is prone to loopholes in education and teaching. The professional dance education system can train more sophisticated dance talents. It has strong competitiveness in the world of dance and can win honors for the country, which can promote the rapid development of the dance industry itself.

3. Responses

In order to improve the quality of dance teaching in ordinary colleges and universities, the most important prerequisite is to let students participate in the dance teaching of colleges and universities, and have an interest in dance, and are willing to learn dance. Multimedia images and network resources expand the horizons of students, enabling students to understand the true meaning of dance beauty while gaining an aesthetic experience, and then have a deeper understanding of dance art. In the process of dance teaching in China, colleges and universities have always neglected the theory of dance [10]. In the process of education and teaching in the future, dance teachers should reform the content of education and teaching, and combine technical teaching with theoretical teaching. With the continuous deepening of education reform, procedural and dogmatic teaching methods can no longer meet the needs of training goals in the new era. It is the direction of every educator to use scientific teaching methods and improve classroom quality. In the case of less class hour arrangement for music majors, reasonable formulation of teaching syllabus and scientific arrangement of teaching contents according to students' characteristics are the basis for improving classroom teaching quality and achieving good teaching results.

Colleges and universities should innovate teaching models and establish sound assessment standards for dance teachers. The form of assessment can encourage teachers to update teaching methods. In order to accomplish the teaching task effectively and qualitatively in the whole sports dance teaching activities, we must correctly select and effectively use the teaching methods. The length of beat is represented by numbers. To facilitate the definition, a concept of beat is introduced to express a series of characters. Each beat has a different length. The specific distribution is shown in Table 1. The relationship between different rhythms and time value of rhythm is shown in Fig. 2.

In teaching, the syllabus serves as a guiding document to regulate and guide the teaching work. It has corresponding requirements for teaching objectives, teaching progress and teaching methods, and is also the main basis for compiling teaching materials. For a long time, colleges and universities have not paid enough attention to dance courses, so there are no professional dance teachers in Colleges and universities. Therefore, in the process of teaching, teachers often have shortcomings in quality, and cannot really lead students to feel the charm of dance. Dance teaching in colleges and universities, strengthening the emphasis on music and dance, and reforming dance teaching in colleges and universities. It helps to improve the efficiency of dance teaching in colleges and universities. Some of the movements in dance training are extremely boring, which inevitably leads to some students' tiredness. It is necessary to change the mode of teaching and learning, and truly be student-oriented. When necessary, students can be used as teachers to actively change the way they teach and learn. From the original teaching, the students can learn independently with the melody of music.

Table 1 Rhythm time Table

Time length	1 shot	2 shots	4 shots
1	1	3	2
2	2	4	2
3	3	1	3

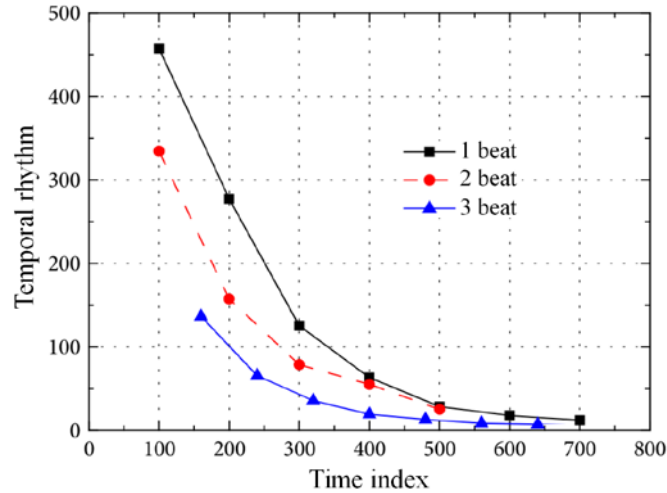


Fig. 2 Different beats and rhythm time and time relationship

In order to carry out reasonable reforms on college dance teaching, it is necessary to expand the faculty to improve the overall quality of teachers and the professional dance level. Fully mobilize the interest of students in learning music and dance. Dance teaching has certain differences from other disciplines. Dance teaching is mainly based on practice. Music and dance can truly express people's feelings in life and thoughts. In the teaching activities of music and dance teaching, we should closely guide students' learning methods around the teaching objectives. It is necessary to strengthen students' theoretical knowledge of music and dance and enhance their artistic accomplishment. So that students can combine practice and theory, and be more able to achieve integration and comprehensive art education.

4. Conclusion

In recent years, China's education has paid more and more attention to the all-round development of College students, and dance education has been a weak link in the development of College education. Colleges and universities need to attach importance to it and actively improve it to promote the all-round development of College students. In the early stage of folk dance learning, students can be broadcasted some audio-visual materials about the geographical culture and humanistic customs of various nationalities through multimedia, so as to show the cultural background and unique charm of different nationalities for students. Teachers can encourage students to use Internet resources to find movies or videos related to dance in their spare time, so that students can experience the artistic feelings related to dance while entertaining. Whether a student can learn a course is not a matter of how deep and complicated the course is. It depends on the efficiency and quality of the teaching activities between the teacher and the student. There are many forms of education in art education, but the choice of schools depends on the academic situation and school conditions, and the actual situation of the school should be considered. Students should be combined with the technical and scientific qualities of dance education to promote each other. Cultivate compound high-quality talents to comprehensively improve the overall quality of college students.

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