

## Practice and Reflection on the course of Ideological and moral cultivation of Vocational College Students

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**Keywords:** Ideological and Moral Cultivation Course; Time value; Current situation Teaching resources; Practice

**Abstract:** The course of Ideological and moral cultivation is to carry forward the national spirit and cultivate the main channel of socialist core values, which is of great significance to help college students correctly handle the relationship between individuals and life, between individuals and reality, between individuals and the state, between individuals and society. In the course of Ideological and moral cultivation in the new era, it is necessary to combine the cultivation of personal ideological and moral cultivation with the implementation of national ideological work, make full use of all kinds of Ideological and theoretical resources, constantly innovate teaching methods, enhance students' experience and identity, and gradually promote students' growth.

The course of Ideological and moral cultivation is an important part of the ideological and political course in Colleges and universities and an important channel to strengthen the ideological and moral construction of college students. It guides college students to strengthen their mission and responsibility, guide them to firmly listen to the party's words and follow the party, and become qualified builders and successors of socialism. The thinking and practice of Ideological and moral cultivation course is an important part of deepening the construction of Ideological and political course in the new era. Therefore, to further promote the theme education of Ideological and moral cultivation with the historical orientation of the new era and a deep understanding of the value of the times of Ideological and moral cultivation course is to implement the party's educational policy and road, and to further tap the theoretical value of the course and innovate the practice[1].

### 1. Time value of Ideological and Moral Cultivation Course

The understanding of the value of the ideological and moral cultivation curriculum can not be isolated and one-sided. If we think only from the content of the course, it is not comprehensive. We must set forth the profound historical development, the general trend of world development and the mission and responsibility. That is, Xi Jinping emphasized the "historical view", "overall situation view" and "role view", which macroscopically guided history and reality, individuals and society. All kinds of connections. According to the report of the 19th National Congress of the Communist Party of China, it is pointed out that strengthening the ideological and moral construction is to meet the needs of the construction of socialism with Chinese characteristics, the realization of the Chinese dream, and the improvement of the level of civilization of the whole society. The value of the times also reflects the practicality of the ideological and moral cultivation course.

#### 1.1 The course of Ideological and moral cultivation helps to realize the Chinese dream.

The Chinese dream is the dream of realizing the great rejuvenation of the Chinese nation and the common ideal pursuit of all Chinese people. Xi Jinping pointed out: to realize the Chinese dream, we must carry forward the Chinese spirit and realize the Chinese dream. We should strengthen our ideals and beliefs, resolve the conflicts between personal ideals and social ideals, form an ideal consensus in the whole society, unify our ideals and beliefs, and realize the common pursuit of ideals. To build up the Chinese spirit, strengthen the sense of national identity, and consciously integrate the personal ideal with the national and national development ideal will set up the lofty ideal, form the common ideal of the people in an all-round way, make every effort to develop China, and strive for the common ideal of realizing the Chinese dream[2]. It is because ideological and

moral cultivation helps students to establish lofty ideals, thus unifying personal ideals, beliefs and values, and constantly condenses into a strong driving force for national development.

### **1.2 The course of Ideological and moral cultivation is conducive to the development of socialism with Chinese characteristics.**

Adhering to and developing socialism with Chinese characteristics is the only way to realize the Chinese dream. Through the course of Ideological and moral cultivation, we should carry out the education of College Students' ideals and beliefs, improve their ideological awareness, strengthen the development path of socialism with Chinese characteristics, establish "four self-confidence", cultivate and practice the socialist core values, and form a common cultural, emotional, ideal and value basis. The construction and success of socialism with Chinese characteristics are facing an unprecedented and complex international environment and situation, forming a course of Ideological and moral cultivation to promote the spirit of China and patriotism, and striving for the great victory of socialism with Chinese characteristics in the historical coordinates of the new era.

### **1.3 The course of Ideological and moral cultivation helps to promote the all-round development of human beings.**

The course of Ideological and moral cultivation takes national development as its mission and morality as its foothold. In order to strengthen the construction of social morality, professional morality, family virtue and personal morality, and improve personal accomplishment are the foundation and accomplishment for the realization of all-round development of Marxist people. People oriented, perfect personality development, improve thinking ability and self-development ability, resist all kinds of wrong ideas, promote the growth of college students, so as to improve the level of social civilization.

## **2. Current situation of Ideological and moral cultivation courses.**

### **2.1 Learning situation analysis and learning needs.**

Students' Ideological and moral knowledge system is becoming more and more perfect. Through the study of module one ideological education module, students have gradually established the theoretical knowledge framework of Ideological and moral, set up a correct outlook on life, firmly believe in Marxism, firmly believe in socialism and communism, and deeply cultivate patriotism and Chinese spirit[3]. Xi Jinping's ideological and theoretical accomplishment of socialism with Chinese characteristics is weak in the new era. The focus of Ideological and political learning in senior high school is to carry out common sense learning, while the university stage is to carry out theoretical learning step by step, lacking the cognition of theoretical essence and learning consciousness. Lack of expertise. Ideological and political courses are based on the needs of national talent training and student development, and integrate professional quality into moral construction. However, due to the lack of systematic professional students in the first year of freshmen, they lack professional and professional experience, which affects the learning motivation. Knowledge acquisition ability: the way to acquire new knowledge and experience tends to be hands-on operation, exploring rules in practical activities, and preferring visual resources. In the repeated practice and specific situation, it is easier to get the cognition of things. The author thinks that the application of knowledge is only for examination, lacking the ability of combining theory with practice, and the ability of transferring theoretical knowledge is not strong.

### **2.2 Current situation of Ideological and moral cultivation course.**

With the deepening of the policy of Ideological and political courses constantly enriched and improved, the importance of Ideological and moral cultivation courses is more and more recognized and valued. According to the requirements of "three advancement" of Ideological and political courses into teaching materials, classroom and mind, the current problems of Ideological and moral cultivation courses mainly lie in the use of unified teaching materials for teaching materials, the lack of curriculum resources developed by higher vocational colleges in combination with their own

characteristics, and the continuous enrichment of teaching materials according to the characteristics of students' development, in combination with the actual situation of society and students. The combination of classroom teaching theory and practice is still insufficient. The theory and practice teaching are divorced. The practical activities require full design and development based on teaching theory. Teaching effectiveness needs long-term observation and evaluation. Whether the teaching can realize the goal and realize the theory of Ideological and moral cultivation "entering the mind and heart" still needs to be based on students and mobilize their internal drive.

### **3. Teaching resources of Ideological and Moral Cultivation Course**

The teaching resources of Ideological and moral cultivation course are the strong support for enriching the classroom and making the teaching "live". It is an important part of the teaching of Ideological and moral cultivation course. Based on the educational aim and teaching goal of the party and the state, we should take a clear stand to highlight the characteristics of the course of socialist ideological and moral cultivation. At the same time, we should integrate modern information means and fully integrate teaching resources.

#### **3.1 Enrich the theoretical resources of curriculum.**

The ideal thought of Ideological and moral cultivation course comes from Marxism, socialism with Chinese characteristics in the new era, Chinese spirit and Chinese excellent traditional culture. Marxist theory is the logical connotation of the course of Ideological and moral cultivation, and the basis and guiding ideology of the course construction. In the new era, the thought of socialism with Chinese characteristics is to carry out the party's and the state's educational policy and road, implement the fundamental task of moral education, guide students to establish lofty ideals, combine ideals with reality, put the content of Ideological and moral cultivation course into reality and practice, and enhance students' sense of learning. Chinese spiritual and ideological resources are the national spirit with patriotism as the core and the spirit of the times with reform and innovation as the core. The Chinese spirit is the profound connotation of the 5000 year history of the Chinese nation and the course of the rejuvenation of the Chinese nation, especially in the rapid rise of China. The excellent traditional culture of China is Xi Jinping, who stressed the importance of Chinese traditional culture in many important occasions.

#### **3.2 Integrate curriculum information resources.**

Teaching resources should be integrated into the guiding ideology of Marxism, the thought of socialism with Chinese characteristics in the new era and the thought of traditional Chinese culture. At the same time, we should highlight the ideological, theoretical, affinity and pertinence, tap the ideological and political needs of the major, give full play to the educational functions of all courses, and build a comprehensive, rich, progressive and mutually supportive resource system. Use 3 + 1 mode to integrate teaching resources. Make full use of information technology, including self-study platform of Ideological and political courses, AI interactive platform and learning management platform. Prepare 1 task instruction book, comprehensively present the teaching tasks before, during and after class. Make full use of the information-based teaching environment, let students take the initiative to learn in the teaching environment, actively expand the teaching environment, and use the training room to enhance students' professional experience.

### **4. Practice of Ideological and Moral Cultivation Course**

The course of Ideological and moral cultivation is guided by Xi Jinping's new socialist ideology with Chinese characteristics and the nineteen spirits of the party. It carries out the important speech of general secretary Xi Jinping on education, especially in the forum of teachers of Ideological and political theory in schools. In the process of teaching, we should focus on the cultivation of new people who are responsible for the rejuvenation of the nation, strengthen education guidance, emotional identity and practical cultivation. Adhere to the combination of problem orientation and

goal orientation, promote the connotation development of Ideological and political course construction, comprehensively improve the ideological and political theoretical literacy of students, and realize the unity of knowledge, emotion, meaning and action.

#### **4.1 Teaching design emphasizes the combination of theory and practice.**

The ideological and moral cultivation course is guided by Xi Jinping's new socialist ideology with Chinese characteristics and the nineteen spirits of the party. According to the characteristics of Higher Vocational Colleges and the students' majors and students' actual conditions, the teaching contents are integrated into three modules: ideological education module, moral education module and rule of law education module. In his report at the nineteenth National Congress of the Communist Party of China, general secretary Xi Jinping stressed the importance of cultivating and practicing the socialist core values and strengthening ideological and moral construction. University period is an important period for the formation and development of individual moral consciousness. Moral education is based on the socialist core values and establishes a correct moral outlook. The teaching goal is to realize the unity of knowing, feeling, meaning and action, to form the three-dimensional goal of knowing, distinguishing and promoting practice. The socialist core values are the concentrated embodiment of the spirit of contemporary China, condensing the common value pursuit of all the people. On this basis, we should promote the construction of social morality, professional morality, family virtue, personal morality, cultivate honesty and voluntary service, and strengthen the awareness of social responsibility, rules and dedication[4].

#### **4.2 Carry out the teaching rules in teaching strategies.**

Guided by Xi Jinping's new socialist ideology with Chinese characteristics and the spirit of the party's nineteen great spirits, we carried out the important speech of general secretary Xi Jinping on education, especially in the forum of teachers of Ideological and political theory in schools. In the process of teaching, we should focus on the cultivation of new people who are responsible for the rejuvenation of the nation, strengthen education guidance, emotional identity and practical cultivation. Adhere to the combination of problem orientation and goal orientation, promote the connotation development of Ideological and political course construction, comprehensively improve the ideological and political theoretical literacy of students, and realize the unity of knowledge, emotion, meaning and action. The teaching organization, guided by problems, deeply excavates the latest achievements of Sinicization of Marxist theory, follows the law of cognitive development, and carries out every class hour design according to the three links of knowing, discrimination and practice, so as to realize the unity of knowing, feeling, meaning and practice.

#### **4.3 Teaching methods.Relying on the teaching mode of "learning by doing, learning by doing",**

It was first proposed by Dewey, an American educator, whose original purpose was to solve the problem of the derailment between teaching and practice. Combined with the analysis of learning situation, the discussion teaching method is adopted. Specific activities include case discussion, situational experience discussion, mind mapping discussion, etc. Let students internalize theoretical knowledge and skills, realize the integration of theory and practice, and learn by doing. Take teaching evaluation as an opportunity to improve students' learning consciousness and strengthen students' self-study management ability. Forming a whole process and meta evaluation system.

### **5. Conclusion**

Actively explore the integration of the theory of socialism with Chinese characteristics into the ideological and moral education of students in the new era, and solve the problems such as the weak theoretical knowledge literacy of students. At the same time, it implements the teaching objectives, constructs the system of students' socialist core values and moral values, cultivates the ability of value selection and distinguishing right from wrong, and enhances the quality of social responsibility and integrity. The teaching mode of "learning by doing" is used to solve the problem

of the effectiveness of the application of theory in practice. The application of discussion teaching method guides students to organize teaching around solving practical problems, and enables students to learn knowledge and train theory to use skills in practice in the process of completing tasks. It cultivates the spirit of teamwork, improves the ability of students to find, analyze and solve problems, and stimulates their interest in learning. Using information technology means to solve the problem of vocational college students, affecting case analysis and problem-solving. The mixed use of online and offline teaching methods, especially the use of information-based means such as learning platform, realizes online and offline teaching of courses, and improves students' interest in learning and learning efficiency. Through the evaluation value system of the whole process, the problems of students' weak self-management ability and low participation in curriculum activities are solved. Effective and reasonable evaluation methods promote students' initiative in learning and the completion of students' practical activities, and improve the effectiveness of the curriculum.

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