Research on the Cultivation of Vocal Music Practice Ability Based on Opera Rehearsal

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Abstract: Vocal music is a comprehensive performing art, which requires not only mastering theoretical knowledge and singing skills, but also participating in artistic practice. Practice is an important means to cultivate students' vocal performance ability, and it can also play a role in testing students' learning effectiveness. This is the purpose of introducing opera rehearsal into vocal music teaching in art universities. Stage performance practice course can greatly improve the performing arts ability of vocal music majors in art universities, and can test the effectiveness of students' learning effects through the stage, so it plays a very important role. Practice is an important means to cultivate students' vocal performance ability, and it can also play a role in testing students' learning effectiveness. This is the purpose of introducing opera rehearsal into vocal music teaching in art universities. This paper will explore the significance of opera rehearsal to vocal music teaching and the course practice process, so as to put forward new methods for vocal music teaching practice in universities.

1. Introduction

Vocal music teaching needs to cultivate compound talents with strong professional skills and outstanding performance ability. Opera performance integrating music, opera, literature, dance and other elements as one of the important contents of vocal music teaching is helpful for art universities to cultivate excellent talents with diversified knowledge structure [1]. Generally speaking, vocal music teaching usually effectively integrates the performance art theory and practical skills of music, opera and other elements, and puts them into the implementation activities in the process of stage opera performance [2]. The introduction of opera rehearsal in vocal music teaching can not only test students' learning achievements, but also help students improve their comprehensive ability. Therefore, it is particularly important to introduce opera rehearsal into vocal music teaching in art universities. One of the main purposes of vocal music teaching is to cultivate compound professional vocal music performing art talents with outstanding professional skills and rich stage experience [3]. Vocal music art practice is an important part of vocal music teaching. Opera rehearsal, as an important auxiliary means of vocal music art practice, helps to improve the theoretical knowledge and practical ability of professional vocal music performing art talents [4]. The performance process of opera usually needs the help of other musical elements, such as background music, actors' clothes, actors' makeup and the form of performance.

Opera is different from the general form of artistic performance. It pays more attention to the actor's grasp of vocal music and the expression of emotion. Performance practice is an important means to cultivate students' vocal performance ability. At the same time, it can also test students' learning effectiveness. The purpose of introducing opera rehearsal into vocal music teaching in art universities is this [5]. The purpose of vocal music teaching is to cultivate all-round talents with good singing ability and stage performance ability. Therefore, other artistic elements, such as opera and opera, are usually introduced in practical teaching, so as to effectively cultivate students' comprehensive literacy [6]. At the present stage, the phenomenon of emphasizing theory and neglecting practice generally exists in vocal music teaching in Chinese art universities. Affected by many factors, practical teaching activities are greatly limited, and the teaching effect is difficult to be effectively guaranteed [7]. Therefore, the urgent task is to focus on the significance of opera rehearsal in vocal music teaching and how to effectively attract people. For the rehearsal of opera,
due to the constraints of many conditions, it seriously restricts the interaction of practical teaching [8]. Admittedly, in recent years, some universities have made some attempts in this art practice, but it is only limited to fragments or scenes. This paper will explore the significance of opera rehearsal to vocal music teaching and the course practice process, so as to put forward new methods for vocal music teaching practice in universities.

2. The Significance of Opera Rehearsal in Vocal Music Teaching in Universities

2.1 Improve Students' Singing Skills
As one of the compulsory courses for music majors in universities, the status of vocal music course is very important, and opera rehearsal is an effective extension of vocal music teaching practice, which is of great significance to cultivate high-quality music talents with comprehensive quality. Singing plays an important role in opera performance. The effect of opera rehearsal is closely related to students' singing skills. A qualified opera includes wonderful plots and distinctive characters, so students should first master the core content of the opera and make a comprehensive analysis of their respective roles when performing the works. The current vocal music teaching pays too much attention to the theory, and the skills and emotional expression of vocal music teaching are more important than the theory, while ignoring the practical teaching of sound recording [9]. In terms of the nature of opera. Opera has certain comprehensiveness and high requirements for professional quality. It can measure the learning level of a vocal music learner and put forward higher requirements for vocal music learners' stage performance, emotional expression and artistic mastery. Singing is an important content with a dominant position in opera performance. Therefore, organizing students to perform opera rehearsals can effectively improve students' singing ability and help students make continuous thinking and progress by summarizing experience in the practice of rehearsals. In the process of opera performance, students not only need a certain singing foundation and performance ability, but also need to have excellent stage control ability. Only with these elements at the same time can students become an excellent stage actor and better shape the role image of opera.

2.2 Improve Students' Music Cultivation
Opera not only has beautiful music, but also gives attention to expressing the story. In fact, every move, every smile, the whole stage layout, and the setting of music keynote serve the singers' performances. Therefore, after the introduction of opera, it is helpful to deduce the continuous story in the teaching process, and the students' performing arts and ability to grasp the stage will also be greatly improved. Opera rehearsal often takes a long time, and it usually takes several months from the beginning of casting to the final performance. In the rehearsal process of these months, students of different grades and different tutors belong to the same crew, and everyone rehearses and lives together, making efforts to ensure the success of opera performance [10]. Therefore, the opera rehearsal process is a process of teamwork. In this process, students who are unfamiliar with each other or even completely unfamiliar with each other will establish close friendship. Through mutual cooperation and communication in training, they will form a strong sense of teamwork and realize the importance of teamwork. Opera rehearsal requires students to cooperate with each other and invest a lot of time, from the initial role selection, segment learning, rehearsal to the final performance. In this process, students at different levels need to work together. In order to give full play to the stage effect, students need to improve their team cooperation ability and build a good cooperative relationship. Opera rehearsal can simulate performance scenes and train students' sense of teamwork.

3. Cultivation of Students' Practical Ability of Vocal Music Art Based on Opera Rehearsal
As a stage performing art, it is the ultimate goal of performers to successfully perform songs on the stage. On the other hand, the physical movements on the stage are different from those in real life, which are usually synchronized with music and pay more attention to the aesthetic feeling of
the body. Before the opera performance, most students were exposed to some single singing skills, while ignoring the overall effect of singing performance. Opera should not only master these basic skills, but also learn the spectrum. Every factor in opera is related to musical notes. Therefore, for performers and learners, the application of intonation, rhythm and background is extremely demanding, which is helpful to make full use of expression belonging and strength symbols and realize emotional expression through vocal music and body language. Opera is a comprehensive art, which requires not only scientific singing skills, but also the coordination of form, performance and lyrics, so as to highlight the character, establish the character image and accurately express the emotion of the characters. In many vocal music courses in normal universities, although special body dance classes are also offered, they only train the movements and do not involve the coordination with vocal music. In this case, many students' singing and physical movements are always out of harmony, which has an impact on the overall singing effect.

The performance of opera is different from the interpretation of single, which is a collective movement. No matter how excellent the performers are, they must obey the overall layout and arrangement of opera. Obeying the swing is an important prerequisite of opera performance. In the study of opera performance, it is inevitable to improve students' stage control ability. Under the traditional teaching mode, students only sing mechanically according to the pitch of music score, and the interpretation of songs seems very easy, but it is difficult to impress people, which is inseparable from the lack of connotation and emotion in singing songs. However, there is a close story in opera, and there are contradictions among the characters, which objectively requires students to take the initiative to understand the story and grasp the trend of the story before performing, so as to deepen their understanding of the aria. Opera rehearsal is a time-consuming activity. Students participating in rehearsal should not only carry out daily basic training, but also carry out professional skills training and comprehensive ability training. In the process of opera rehearsal, teachers can effectively expand teaching ideas based on this, and better help participating students to exercise and improve their musical accomplishment and professional skills. In the past teaching process, vocal singing mainly focused on the training of various auditory skills such as rhythm, melody, mode, sensibility and sound sense, as well as various singing abilities, which emphasized the theoretical basis and neglected the application of practice. In view of this situation, the introduction of opera rehearsal can effectively eliminate students' fear and enhance their self-confidence and musical accomplishment. See Figure 1 for the composition and structure of music form.

![Fig.1 Composition of Music Form](image)

Opera rehearsal is not only a process in which students exercise their comprehensive ability, but also a process in which teachers accumulate teaching guidance experience. If teachers want to provide students with guidance with reference value in opera rehearsal practice, they must constantly improve their professional quality through autonomous learning, verify it with rehearsal practice, and then feed back their experience to students. In the early stage of opera rehearsal, the
venue can be arranged in the classroom, and singing practice can be performed in the classroom, so that the rest of the students can watch it as audience, and then the rehearsal scene can be enlarged gradually under the arrangement of vocal music teachers. Through this reasonable arrangement, the selected tracks are in line with the students' actual situation, which can give full play to the students' actual level, enable them to easily control the works and reduce the students' psychological burden of singing. On the premise of training students' basic musical ability, teachers should actively organize students to carry out vocal skills training, so as to promote students' singing coordination ability. On the other hand, it is necessary to provide a platform for students to fully display their artistic practice and lay a foundation for the smooth performance of stage singing.

4. Conclusions

In the process of vocal music teaching, the combination of classroom teaching and stage practice, appropriate changes in teaching content and teaching methods, and proper handling of the constructive relationship between vocal music classroom teaching and stage practice will play an important role in promoting students' enthusiasm for vocal music learning. In opera rehearsal, students' music literacy and teamwork ability can be effectively improved, and their music perception and performance ability can be cultivated. In teaching, the introduction of opera rehearsal is very important, but teachers need to use certain methods. In view of the phenomenon that vocal music teaching in art universities in China at present emphasizes theory over practice, opera rehearsal should be introduced into vocal music teaching, so as to innovate teaching contents and methods and promote the effective combination of classroom teaching and stage practice. Individual classes mainly carry out individual vocal training according to different vocal functions and sound characteristics and students' role setting, which plays an important role in cultivating students' singing power and trying to figure out their roles, and has certain pertinence. The introduction of opera rehearsal plays an important role in the whole vocal music teaching, and it is of great significance to enhance students' professional ability, cultivate team consciousness and improve students' ability to control the stage.

References


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