

A Brief Analysis of the Dialectic Relationship between the Overall Basketball and the Promotion of Players' Personality

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Keywords: Overall Basketball; Players; Personality; Tactics; Whirlpool Effect

Abstract: From the viewpoint of dialectical materialism, this paper discussed the relationship between the overall basketball and the promotion of players' personality. It is concluded that the basketball game need players to show their own personality and show their individual heroism. The development of players' personality and the development of the team are interrelated. The whole basketball concept can be linked with the promotion of players' personality through tactics and the "vortex effect" of basketball tactics can be used to give full play to the personality and talents of each player in the team.

1. Introduction

Basketball is a collective sport; basketball games are based on individual combat capability. The role of the collective is very important, the overall level of the team is the basis for winning, but the collective strength does not limit the individual play, the combination of the whole and the individual, is the charm of basketball. Professor Sun Minzhi said, "the formation of basketball is based on the philosophy of dialectical materialism. The opposition and unity of its own offensive and defensive confrontation are the most basic characteristics of the development of basketball in the contradictory movement. Considering the relationship between the whole basketball and the players' personality from the dialectical materialism point of view, it is helpful to deepen the understanding of the theoretical foundation of basketball, and to promote the continuous innovative development of basketball.

2. Teamwork is the way to win a modern basketball game

The basketball game is the overall confrontation between the team and the team, rather than the individual ability of the game, the whole should include the strength of five main force and substitute, also should include the coach's command talent and the team cohesion. The collective rule of basketball sport is fully embodied in the team spirit and cooperative style, which is reflected in all individual actions on the court based on the overall goal and task of the whole team, and more importantly the collective actions on the basis of individual independent play.

It is not hard to see from the past Olympic Games and the World Cup basketball competitions that every team attaches great importance to the overall cooperation, and every team plays team basketball in the competition, which creates good scoring opportunities through the overall tactical cooperation. After enhancing the overall cooperation, the number of assists in a game is generally more than 10, so we can see the flow of tactics and precision assists. Currently, although some star players have outstanding individual abilities, the success of the game depends mainly on the efforts of the team. The overall basketball conforms to the collective law of basketball and will continue to guide the development trend of the world basketball.

3. The basketball game needs the player's proper individuality

As the most precious human being in the world, every person has his or her own personality, and leaves his or her own individual footprint to the society with his or her unique individual thinking and individual ability, forming his or her own individual image, thus generating his or her unique

individual charm. As an old saying goes, it is difficult for coaches and athletes without individuality to become basketball celebrities, leave their own basketball footprint, establish their own basketball personality image, and generate their own basketball personality charm in the society.

In basketball games, the emphasis on "playing in the right way" is not necessarily the right one. The stereotyped and mechanized overall technical and tactical cooperation in the games will eliminate the personality of the players, thus killing the emotional and happy side of basketball. While "happiness and beauty" is the temperament of all sports, including the existence and expression of basketball. In the face of the dogmatic attack and defense, the players and fans feel only magnificent and rigorous, but it is difficult to experience the passion and beauty brought by basketball.

The basketball game requires excellent skills and practical overall tactics, and more importantly, individual passion, as it is the key to the passion of players and audiences in the game. Because of the passion, the players can be unrestrained free performance, the best play; Because of the passion, basketball can arouse people's heart, cause people's fanaticism; Only with passion can the audience feel the power of personality behind the players while watching the basketball game. From a commercial point of view, the excessive strangulation of the personality of the star, the restriction of the individual performance of the star, the single-play of the star to the minimum, so that the loss of ornamental competition, obviously does not attract the attention of fans. If the players lose their individuality, the game loses its passion and its intensity drops.

4. The basketball game needs to properly advocate the individual heroism of the players

It is not a bad thing to show individual heroism at a given time and place. A person's so-called "behavior" is not from nature, but through the acquired learning and social interaction to acquire knowledge and experience, the acquired learning process is actually a person's "socialization" process. It should be seen that "individual heroism" is objective and inherent in "human" nature. And "team spirit" is the socialization attribute of people. The contradiction between "individual heroism" and "team spirit" is actually the contradiction between "human nature" and "socialization".

A team needs to play through the whole combination, but the team must have the star, because the star has more outstanding talent and ability than other players, in the game needs to score the key moment, when the overall cooperation cannot play, only rely on the individual single to complete the score. It is well known that NBA games do not oppose "individual heroism", but advocate the publicity of players' character, cultivate lone heroes and advocate individual heroism. The NBA's approach allows the player's personality to be fully displayed, while at the same time motivating the player's desire to perform to the maximum extent, allowing the player to unload, play lightly, and demonstrate his skills to the fullest. The heroism advocated by the NBA not only brings the joy of victory to the team, but more importantly, it continuously molds the star players, through exerting the personal ability of the star players and publicizing their personality, to improve the enjoyment of NBA games, thus attracting a large number of fans to watch the game.

In the basketball game, there are four advantages of individual heroism. Second, the ability to stimulate the performance of the players; Thirdly, challenge spirit can be aroused. Fourth, it can attract a large audience. A good team is capable of enlarging the strengths of its players and narrowing their weaknesses.

"Individual heroism" is often expressed as a personality of Zhang Xian in the competition. It also contains the attitude to actively participate in the competition, as well as the courage to face pressure and shoulder responsibilities. The greatest display of athletes' individual ability is actually the best embodiment of "individual heroism". A good team should encourage and properly guide the maximum exertion of employees' individual abilities and the normal display of "individual heroism" desire, and give the players a full opportunity to put their own talents to good use. In order to make the players personality to achieve the appropriate fire, we also need to rely on certain organizational mechanisms and systems to regulate, constraints. As law and ethics of human social behavior specification, reasonable and strong overall basketball tactics is not a contradiction, playing with players can perspective instead of from shooting more guarantee every player on the charm of

personality and the ability to fully manifests, between the players as well as motivation and cooperation.

5. The relationship between the personality development of players and the overall development of the team

The development of players' personality and the development of the team as a whole are interrelated and interrelated.

The development of well-behaved individual psychological characteristics will help to establish the correct position relationship with the team, teammates and coaches, and form a harmonious and complementary team psychological structure (individual complementarity). Although the players have various personality characteristics, but the premise is to their own, teammates, coaches full respect and a sense of responsibility to the team, so the players in each position can give full play to their ability, fully demonstrate their advantages. Even if I am a substitute, I have the idea that I am the most important in the team. Therefore, the team can form a stable internal environment and exert the collective strength. If a player's "egotistical" personality develops (sometimes because the coach is overly dependent and indulgent), he will put himself above the whole team, and over time other players will become resentful and negative, resulting in disunity.

From the perspective of the development of the team, the strength of the team will encourage the players to form the psychological tendency of being competitive and cooperative, and the victory of the game will continuously enhance the players' sense of belonging to the team and their trust in their teammates. Developing the right personality can also lead to conceit and complacency, which can change the players' cognitive ability and attitude. When losing, as long as the team always maintains good fighting spirit, the player's personality will continue to develop in a good direction. On the contrary, the player will have no morale and will not play. Therefore, the most important thing for a team is to build a sense of belonging.

The most important part of developing a player's personality is to establish and perfect the right personality (that is, the right, stable, and often realistic attitude and behavior). Only when a player has a correct attitude and behavior towards himself, his teammates, coaches and the basketball game itself, can he form the ability and temperament to engage in the basketball game and other career and promote the healthy development of the basketball game. "Learn to be a person, can play a good basketball" is this truth. Only if the players' personalities develop in a good and positive direction can they have different creative performances, thus promoting the development of the team. In turn, the team's strong development will inevitably promote the positive development of players' personalities, so mutual promotion and common development.

6. Use tactics to build a harmonious relationship between the overall basketball and the player's personality

Both a strong national team and a mature team in the league have their own core set of overall tactics to play: the pressing defense of the United States, the battlefield breakthrough points and the rapid defensive counterattack; Pick-and-roll by Spain and Argentina, aggressive no-ball running and precise outside shooting; The Lakers' triangle offense "tactics, etc., these tactics are players with the technical characteristics and disposition of closely linked together, that is, a team to develop the core tactics according to the characteristic of this team players to design and transformation, especially according to the character and the technical characteristics of the core players, in a sense, the core players are the root causes of the team cohesion, his personality in the tactics to carry forward and attitude affect the rest of the team players. Through the core player's basic tactics, will have a strong absorption and influence, so that each player's personality and specialty will be absorbed into the team, the trend of "vortex effect".

How do vortex effects occur ?

When we open the pipe and inject water into the bucket, the water drop and the arc of the wall will form a vortex, in which the vortex is formed mainly by the water drop.

Tactics is like water, the arc of the bucket is equal to the player's need for victory, and the drop of water is equal to the player's skill level and personality in the execution of tactics, that is, the player's satisfaction with the team's tactics. The more effective the tactic is, the more attractive it will be to the player. When the team's tactics cannot meet the player's need for victory or the promotion of personality, it cannot form a vortex effect. Good tactics, combined with the need to win, can create a vortex effect. Only by timely understanding and meeting the needs of the players can the players have trust or even dependence on the team's tactics, and only if the players have the psychology of dependence, the whirlpool benefits will be formed. So, what really matters is the intrinsic appeal of tactics.

The core of the team tactics should be in the protection of the team as a whole play offensively characteristics, composition, has a change at the same time, to attach importance to and fully arouse the specialty of each player, in the "overall tactics on the basis of core, strengthen the personalization," arousing subjective initiatives of every player, enthusiasm, confidence and passion, will be the overall tactical play live. Therefore, the following aspects should be considered when developing the core tactics of the team:

First, core integral tactics must aim at publicizing individuality, sublimating individuality and cooperating individuality.

Second, core whole tactics must follow the whole tactics of the team, but also outstanding personality characteristics as the guidance;

Thirdly, core holistic tactics must be aimed at inspiring individual potential, bridging individual differences and serving the overall tactics.

Game process, on the basis of implementing overall tactical, only to maximize the potential of the players out, only to mobilize the enthusiasm of the players to maximize, to be able very good to complete before the set of tactical intention, can form a kind of ecstasy, spontaneous, flowing rhythm, not for tactical and tactical, rather than thought and tactics to achieve tactics.

At the same time, a tactical team's core, should according to different opponents, different times, adjust measures to local conditions change, rather than a single rely on some core tactical routines (tactical team core and core is different, a certain period of time once formed a player as the tactical core, other players have to consciously the transformation of the role of this time, to become role players). All role players need to create conditions for the tactical core to complete its tactical intention, so that it has "space and time to display individuality", effectively improve "self-confidence" and effectively express passion. The effective change of the core of the field tactics and the dispersal of the attacking point can effectively disrupt the defensive rhythm of the opposing team, so that the opposing team cannot feel the brain when defending.

A tactical conversion to another tactical core, a tactic used to another tactical use of conversion, whether vortex rotation speed faster, or slow down the swirl rotate speed, must be to ensure "whirlpool effect" magneto tactic, may not conflict with a tactical intention before, otherwise, will greatly weaken the battle effectiveness. This request in training, guard of the logic of thinking must be die in the mind of every team, formed a well-known chain of "tactical", rather than a tactical intention to separate in the game, players have led to accept a "tactical awareness lag," mused on tactical intention, cope with, so you can't play happy passionate basketball game.

7. Conclusions

The integrity of the modern basketball movement is that the players, driven by the common goal, exert their personal energy to the maximum extent, seek common ground while reserving differences, and have achieved the best team synergies. Therefore, the development of basketball players' personality will have a profound impact on the development of themselves and the team. As long as a team can resolve the relationship between team basketball tactics and players' personalities, it will be possible for the team to achieve good results.

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