

On the Research of Dutch Football Concept Guiding Football Teaching and Training in Colleges and Universities

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Abstract: With the progress of the times, at present, colleges and universities have gradually realized the important role of physical education in the process of cultivating students' quality in an all-round way, and more and more people have begun to pay attention to school physical education. In this context, as a breakthrough in the reform of school physical education, campus football has been pushed to the front desk. Through learning football technical knowledge, students can exercise, and in this process get the comprehensive improvement of psychological, social interaction and other abilities, improve their physical quality with fun, learn from the team spirit, gradually grow in body and mind, and understand the importance of rules in social activities. College students are in the critical period of growth and success, and will step into the society and serve the society. Football, a sport with special functions, should be further promoted in Colleges and universities. From the perspective of students, fully consider their future development prospects, strengthen the education concept of Dutch football concept guidance in college football teaching, reform the traditional and old teaching methods, explore the meaning of adhering to Dutch football concept guidance education concept in college football teaching, and put forward suggestions..

1. Introduction

With the coming of campus football 2.0 era, many schools have set up football lessons. Colleges and universities have good conditions of venue and teachers. They can adopt the "two-way choice" classroom mode that allows students to choose sports by themselves, so that students who like football have great expectations for football lessons. However, according to the survey, in the current football practice class in Colleges and universities, almost all the teachers do not understand the students' basic and actual sports ability, do not start from the students' point of view, do not really understand the students' psychology, mood and state of learning football, do not boldly explore, and formulate corresponding teaching reform methods, but only teach according to the traditional mode. This has brought a great negative impact on the students[1], which makes some students gradually lose interest in football. Some students can't estimate the difficulty of football, and can't insist on repeated and boring basic exercises. In addition, football is a sport with high physical requirements. Their own physical quality is not good, and they can't keep up with the rhythm, which makes their confidence suffer a great hit, so they are completely disappointed in football. This paper investigates and analyzes the current situation of football teaching in Colleges and universities, understands the problems existing in the current football curriculum, and puts forward relevant reform suggestions under the guidance of the Dutch football concept guiding education concept and in combination with the football teaching law.

2. Practice the Connotation of Dutch Football Concept Guiding Education Concept in College Football Teaching

In college football teaching, Dutch football concept guidance is repeatedly mentioned, its essence is to promote the overall development of students' comprehensive quality, according to students' preferences, specialties, flexible teaching. Teachers should actively observe and think,

resolutely break the stereotyped and stereotyped old pattern of education mode, scientifically plan according to the individual differences of different students, so that students' physiology, psychology, spirit, will and other aspects can be significantly improved in the process of sports. For example, in the football teaching in Colleges and universities[2], we should vigorously implement the education concept of Dutch football concept guidance, design links for the communication obstacles between people in modern society, consciously strengthen the communication and communication between students and between students, students and teachers, so as to make students more interested in learning. It is an indispensable guiding ideology in the whole education system of colleges and universities in the future to develop and implement the guiding education concept of Dutch football in physical education. The concept of Dutch football guiding education is actually extended from management, which is originally a key point of management and a very important and indispensable basic factor in people's daily life. To implement the guiding education concept of Dutch football, the fundamental is to study the key issues from the perspective of human nature, think about and recognize people's basic needs and desires, so as to realize and think about human nature in a real sense. In short, it is to focus on meeting the requirements of human beings while managing the work, and take human beings as the main service content to carry out effective management work.

The education idea guided by the Dutch football idea is a kind of thinking that conforms to the needs of human nature and the development direction of human society. The exploration and implementation of the guiding education concept of Dutch football corresponds to the characteristics of the game of football, which is of great significance in football teaching[3]. The overall educational significance of football for students has the same goal and similar path as that of Dutch football concept. As shown in Figure 1

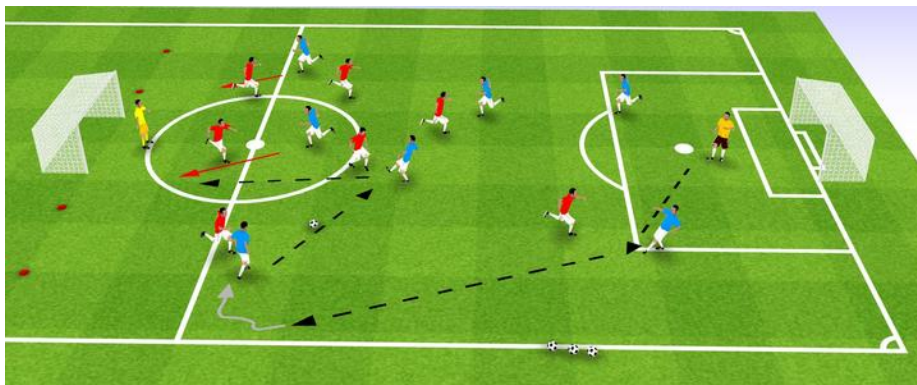


Figure 1 Football teaching and training strategies in colleges and universities

3. To Implement the Elements of Dutch Football Concept Guiding Education Concept in College Physical Education

Physical education is one of the most special courses in Colleges and universities. It does not conform to the characteristics of traditional disciplines, but it is indispensable. In order to improve the comprehensive quality of students, we must ask them to exercise[4]. The body is the capital of revolution and the foundation of all study and life. Only by ensuring the health of students can we talk about other things. Therefore, the football teaching in Colleges and universities should implement the guiding education concept of Dutch football concept, and cultivate students into the elites of today's society under the brilliance of human nature. This is also in line with the rules of football itself.

3.1. Follow the Rules of Football and Adhere to the Educational Concept Guided By Dutch Football Concept

There is always an unavoidable focus in school physical education, that is, the direction of classroom goal - to improve the physical quality of students. This is also very important for football

teaching. Healthy life is the pursuit of one's life, and also the most basic wealth and treasure of one's life. Colleges and universities must pay attention to the development and reform of physical education, firmly implement the educational concept of Dutch football concept guidance, conduct in-depth research and fully implement it in football teaching. In the course arrangement of physical education in Colleges and universities, we should fully consider the characteristics of the project, set up reasonably, let the physical education course advance efficiently, and improve the quality of the classroom. In football teaching, teachers can set different teaching contents according to different types of students. For example, with different genders and different physical qualities[5], teachers should set different teaching contents, teaching intensity and teaching forms to encourage students to actively participate in football class and find a sense of existence and satisfaction; according to personal physical conditions, let the intensity of football course reach the "pain zone" of students, deepen students' understanding of football, and enable students to participate fully. When the ball moves, it can know its position and role more clearly. Some experts pointed out that the football project has certain complexity. From the perspective of the overall football teaching system, according to the different needs of the audience, it is one of the most effective ways to let students learn in layers.

3.2. Deeply Understand Students' Needs and Gradually Improve Students' Interest in Learning

From the perspective of current football teaching, if teachers use the layered teaching method to understand the interests and hobbies of most students before class, and carry out simple targeted tests to understand the level of students in football professional technical skills, and then divide students into different levels according to certain standards, the classroom effect will be greatly improved. Football is a free sport, flexibility and creativity is one of its charms. If the football classroom becomes a conformist and backwater, isn't it against the rules of football[7]? If we just let the students study according to the inherent learning thinking, it is difficult to really exercise the ability of the students, and it is more difficult to have excellent talents in football. Therefore, teachers should make corresponding arrangements according to different levels and states of students. For example, for those students with relatively low level, teachers should patiently teach them basic technical knowledge, reduce the difficulty through some sports forms with constant conditions, let students improve their interest, feel the charm of football, and experience the fun of sports. Teachers can also gradually improve the requirements, according to the speed of students' progress to determine which level they are at. For students with relatively good foundation, teachers can train them independently and correct errors only when necessary. Football teaching should pay attention to the cultivation of students' self-confidence, to prevent the students with lower level from forming too many direct and sharp contrast with the students with higher level, so that the students with lower level lose the confidence and interest in learning. Teachers should balance the mood of lower level students and higher level students, let students understand the importance of the team in football activities, feel the responsibility and responsibility, strengthen the ability of unity and cooperation[8], and establish a sense of rules.

3.3. Combine Theoretical Knowledge and Practical Operation Closely

The concept of Dutch football guiding education is not called out. Teachers can't read the book, but should be aware of it in practice. In football teaching, teachers should not only impart the knowledge of skills to students, but also let students realize the cultural and spiritual connotation of football when they participate in the hard game of football, so that students' cooperation ability can be strengthened, and they can face each other calmly and calmly in the face of emergencies. At the end of the course, teachers should review the whole process, analyze students' performance, praise, encourage and ask for more. However, we must avoid empty talk, routine words and general principles in the instillation of ideas. Instead, we should combine with the actual situation to make students learn in sports, realize in sports and improve in sports[9].

4. Concluding Remarks

It is very necessary to use the educational concept of Dutch football concept in the course of college sports football. In recent years, the investigation and research show that in most of the previous football teaching, teachers only tell students about theoretical knowledge, basic technology teaching is very rigid, students do not care about the content of teachers. In this case, students' learning effect can be imagined. At the same time, some teachers do not really grasp the essence of the Dutch football concept guiding education concept, and there are various problems in their teaching. Therefore, in the future football teaching in Colleges and universities, teachers should deeply understand the essence and connotation of the spirit of football, actively reform the problems encountered, boldly innovate and explore the teaching content and form, improve the students' interest in football, take the quality of classroom teaching as the entry point, fully implement the education concept of Dutch football concept guidance, and cultivate people towards the campus football morality The fundamental goal of.

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