

# Construction and Exploration of Psychological Capital Cultivation System for Students with Family Economic Difficulties in Higher Vocational Colleges from the Perspective of Guangdong-Hong Kong-Macau Greater Bay Area

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**Abstract:** In order to give full play to the management mode of educational "group-type" help, the measures of helping Guangdong-Hong Kong-Macau Greater Bay Area education will be put into practice. The main purpose of this project is to improve the teaching situation in rural higher vocational colleges and to help children in rural primary schools have a good learning environment so that they can have the same teaching treatment as urban students. Thus, it can also combine the achievements of the mass line education practice of learning the Party with the help education, so that the school and teachers should be people-oriented, promote the students' learning efficiency in an all-round way, and provide them with a harmonious and beautiful campus. To achieve such a result, it requires not only the efforts of teachers, but also the actions and practices of the whole school cadre and even the whole educational institution. "Youth is strong, then the country is strong." It is the duty of the education staff to train young people, especially in the era of economic globalization, learning well is very important for the future development of young people. It is hoped that this article will bring some effect on the development of psychological capital cultivation for students in vocational colleges.

## 1. Foreword

As early as November 3, 2013, when General Secretary Xi Jinping inspected poverty alleviation in Xiangxi, Hunan Province, he clearly put forward that "we should proceed from reality, adapt measures to local conditions, help the poor accurately, avoid shouting slogans, and do not set goals that aim too high. For the first time put forward the important idea of precision poverty alleviation. This policy has also prompted China's colleges and universities to make solving the problem of difficult students in higher vocational colleges a top priority. In order to carry out this help work smoothly, it is strictly necessary to give full play to its core spirit under the call of the party groups of major colleges and universities, and strive to help students in need to deal with problems, solve difficulties, and put the work of precision poverty alleviation into place, so as to lead students out of poverty and become rich. Therefore, colleges and universities at all levels have not only responded to the call of the government and the party organizations to do a good job in lifting students out of poverty, but also helped students to improve their living conditions and improve their living standards[1] It can also maintain the harmonious development of colleges and universities in higher vocational colleges, which is also the main channel for party and government personnel to fulfill their social responsibilities and obligations. Precision poverty alleviation is the concrete implementation of precision to the individual, to solve the individual poverty problem, through specific and feasible methods. provide a strong guarantee for people's lives. Under the contemporary education mode, the higher vocational college teaching also needs to innovate and reform unceasingly. There are still many problems in the teaching of Guangdong-Hong Kong-Macau Greater Bay Area vocational colleges in China, so the government and educational institutions should carry out corresponding help activities in rural primary education. Because it also has a negative impact on the cause of education. Both schools and teachers and educational

institutions should actively solve this problem and make a corresponding change and reform of educational methods according to the learning characteristics of primary school students in China. Through the "one-to-one" twinning activities, leading cadres should thoroughly understand the practical difficulties of helping objects in life and study, so as to urge the helped objects to carry a grateful heart to stimulate their passion for hard work[2]In the process of helping them, we should not only help them in life and study, but also help them mentally and mentally, so that they can develop a positive attitude of self-confidence and confidence in life in an environment full of "love".



Figure 1 Families in higher vocational colleges

## 2. Cultivating Higher Vocational Colleges

Students who are not interested in learning or who dislike learning and cause poor academic performance; students with physical or mental illness. (or a family of students whose relatives have a major illness); a family of students whose family is more difficult (a family of students whose financial loss is caused by a major incident at home).

## 3. Demand and Significance of Cultivation System

It is mainly for school cadres, teachers' representatives and support and education staff to draw up a help program, combining with the actual situation of students, to organize and carry out "one-to-one" pairs of help education activities in rural primary schools, and to carry out specific actions on the individual object of help. Help work needs to maintain its stability, continuity and depth, can not give up halfway or only do "face kung fu ". Help work to create a good atmosphere of public opinion, every person involved in it should correct their mentality, with the most sincere and friendly attitude to help the object[3]School cadres and teachers should maintain regular exchanges and heart-to-heart talks with the students they are helping to solve their psychological problems, thoroughly understand their living conditions, school conditions and psychological conditions, and do a good job in ideological education to help students. Through the life, study and psychological specific help measures to help students, so that the help students can feel the love from around, so that they can give this "love" in the future to better give back to society.



Figure 2 Families in higher vocational colleges

#### 4. Construction Measures of Cultivation System

##### 4.1. Life Support

Once they are "paired ", they should pay more attention to their lives, deeply understand what kind of family environment they grow up in, and do their best to help solve their practical difficulties after understanding their lives. So that they can fully feel the relationship and warmth. At the same time, they can correctly guide them to set their own goals in life, and urge them to bear hardships and stand hard work, love learning and unite the good qualities of others.

##### 4.2. Learning Assistance

Support staff should be especially targeted at the poor academic performance of the target, because the Guangdong-Hong Kong-Macau Greater Bay Area is relatively backward. The learning situation of the general students is poor. Therefore, it is necessary to help people to understand the learning situation of the object being helped, according to their learning weaknesses to carry out targeted help programs[4]. In order to guide students to master learning methods, improve their enthusiasm and interest in learning, and promote them to learn better.



Figure 3 Families in higher vocational colleges

##### 4.3. Ideological Support

Most of the students who are assisted are family-difficult, and they may be able to carry a lot of family responsibilities at a very young age. They may not enjoy too much care, leading to a little psychological self-closing or self-abased, which requires help to teach them healthy thinking, so that they do not become self-confident, this is the best ideological education for them.

#### **4.4. Psychological Support**

Because of the pressure brought by life and economy, most of the difficult students are more depressed and confused psychologically. Therefore, university support staff should not only help students with difficulties to solve financial problems, but also to help students with difficulties more psychological problems, there are many students in the family may have privacy or hidden feelings he does not want to let others know, at this time, help students patiently communicate with students, help him remove these concerns and worries, and can protect their privacy, respect their opinions. We should be good at developing students' psychological thinking and help them to face difficulties with a positive attitude[5]This type of family should be the one that needs the most practical financial assistance, usually because the family has an unexpected or serious illness, and the cost of medical treatment is very high, plus the need to save lives, so this type of family should be the focus of assistance.

#### **4.5. More Visits Should Be Made to Families of Needy Students in the Follow-Up Work**

In the follow-up help work, colleges and universities can more difficult students who have left their posts to conduct an annual visit survey, through the visit survey to understand their true feelings, listen to their thoughts and demands. Through the annual survey visit help work, by the university staff record not to ask the difficult students visit specific information, so as to help solve their actual needs. Make precision help work to achieve the best results.

### **5. Conclusion**

To sum up, the development of cultivation work is not only to help students improve social conditions, but also to stabilize the happy life of students. The younger generation is the main driving force of China's future development, and the realization of Chinese Dream can not be achieved without the majority of youth groups, focusing on the cultivation of young people, has always been the top priority of the national talent training plan, must require all education staff unswervingly implement. In the process of teaching in rural higher vocational colleges, the growth and education of students in all aspects is an important part that can not be despised. As long as the educational staff and the teaching and research team of the school give full play to their own role, I believe that the final results of helping education can be successful, so that our education cause to make a contribution. Efforts will be made to improve the living standards of difficult students as an important development goal, through standardized and standardized work system to improve the professional level of precision help and work efficiency. In this process of precision help, the help of difficult students in place is an important part that can not be despised. As long as the help staff and students can cooperate and understand each other, they can subtract a lot of unnecessary trouble in communication. This is how colleges and universities do a good job in the cultivation system of difficult students specific analysis, hoping to provide specific help for help work.

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