Exploration on the "Charm" of Chinese Classical Dance Performance

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Abstract: The beauty of charm is the core of Chinese classical dance and the key to appreciate classical dance. Among the elements of human dance culture, classical dance is a very important part and occupies a very important position at the same time. The existence of classical dance shows two meanings: one is people's respect for tradition and ancestors, which is an inheritance of ancient culture; The other layer is the foundation and basis for people to create and innovate and discover new dance art. Chinese classical dance is neither ancient dance nor Opera Dance. It is an aesthetic element based on the aesthetic concept of traditional Chinese virtues. It not only reflects people's respect for ancient culture, but also inevitably carries a new kind of dance influenced by the new era. Classical dance has a unique charm. The most important factor is that classical dance attaches importance to the display of charm. Charm is the artistic charm that dancers want to convey to the audience with the help of their limbs. Among them, body method is the way for dancers to express their charm. This paper analyzes the charm of classical dance performance from different ways of classical dance.

1. Introduction

Classical dance occupies a very important position in China's dance culture and still has an influence that cannot be ignored in today's era [1]. A unique dance form based on Chinese traditional culture [2]. It is a dance with exemplary significance and classical style characteristics, which is based on Opera Dance, integrates Chinese national folk dance, absorbs ballet and other elements, refined, sorted, processed and created, and tested by long-term artistic practice [3]. It fully embodies the spirit of Chinese traditional culture and aesthetic implication, and has become a typical Chinese traditional image art to highlight the charm [4]. Charm is one of the core categories of ancient Chinese aesthetics and literary psychology, and it is also the highest pursuit of Chinese traditional art [5]. The uniqueness of Chinese classical dance is that it pays special attention to the charm and body method of dance. Charm, as the name suggests, is the artistic charm displayed through the human body. It is what people apply for and express their inner mind. Body method refers to the release of shape, action and rhythm [6]. In addition to paying attention to hand, eye, body, method and step, Chinese dance also pays attention to shape, spirit, strength and law. That is why these constitute the connotation of Chinese classical dance [7].

Rooted in the fertile soil of Chinese traditional culture, Chinese classical dance naturally takes charm as an aesthetic quality. The so-called dance charm refers to the "charm" of spirit and demeanor beyond the biological meaning of the human body in the physical dynamics, which produces a beautiful characteristic of the intersection of spirit and material in the dance flow. In dance art, charm is not only the expression of external appearance, expression, similarity and longing, but also the embodiment of internal meaning rhythm, charm and charm. Chinese classical dance completes the process of charm beauty through light and graceful form beauty, mellow and rotating dynamic beauty, and seemingly straight and tortuous comparative beauty [8]. Chinese classical dance is an important part of the treasure house of Chinese culture and art. It absorbs the artistic characteristics of opera and martial arts, and takes into account the artistic style of ballet. Classical dance can exist in the art system as a symbol, or as a dance structure and an element of traditional art and culture [9]. Therefore, Chinese classical dance has high research value and has a great position and influence in the Chinese art library.
2. Chinese classical dance performance

2.1. Classical dance Yuanhe line

On the one hand, it is a connecting link. It can be said that the transition is one of the most typical artistic characteristics of classical dance. Some researchers also call it the art of drawing a circle. The dance performance of each action in the transition link can reflect the characteristics and charm of classical dance. The core of classical dance is circle, which emphasizes the beauty of flow and space. At the same time, it has the requirements of tolerance and harmony. Specifically, when performing classical dance, the elements of circle include twisting, moving, leaning and so on. On the other hand is the charm of the circle. Circle occupies a very high proportion in the process of classical dance performance, which is one of the main components of routine training and work demonstration. Among them, the most important content is the three different forms of vertical circle, flat circle and eight character circle, and on this basis, it has further developed the training contents of turning over and horizontal rotation, which can not be ignored in the performance. In the stage of classical dance performance, the connection between various movements is mainly realized through the way of line, and the same is true in the aspect of displaying rhythm. The line in classical dance refers to the body shape and movement fluidity of dancers during performance. Combined with the lingering and vigorous dance image, it can better show the charm and charm of classical dance. In terms of the line process of classical dance, the art of line is mainly reflected in the continuous aesthetic experience to the audience, and in this process, it reflects the aesthetic value and artistic characteristics of classical dance.

2.2. The core of classical dance rhyme

The beauty of rhythm is needed to show the beauty of rhythm in classical dance. Dancers need to use fans to extend their arms, and dancers interpret flexibly with the help of specific moves, so as to reflect the elegant and classical morphological characteristics, shape the effect of blending feelings and scenes, and fully show the beauty of rhythm in this process. Vivid charm can be said to be an important aesthetic feature of classical dance and other art forms. The elements of circle and line constitute the core of charm, so dancers need to pay great attention to it. Specifically, rhyme is to consciously and purposefully interpret the language of dance through dance forms in the training link, so as to make the dance actions more artistic and targeted. In this way, it can effectively combine the two aspects of God and form of dance. In terms of most dance performance effects, both rhyme and God need dancers to carefully ponder their hearts and feelings, so as to accurately grasp them, so as to better reflect the unique artistic conception and charm of classical dance. Rhyme is the core feature of classical dance. Only when dancers grasp it carefully can they show the internal charm of dance to the greatest extent, and the performance effect and appeal of classical dance will be more ideal. Chinese classical dance pursues a form of lightness, elegance and euphemism, just like the nine heavenly fairies. The pursuit of this elegant and graceful beauty is one of the important charms that Chinese classical dance should pursue. Soul dancers can show this beauty, because their souls are light and clear.

3. The beauty of the charm of Chinese classical dance

3.1 Unity of form and spirit

Classical dance stresses the beauty of form, radian and artistic conception. Integrate the dancer's life perception and spiritual connotation into the dance form, so as to realize the unity of form and spirit. The dancers are required to achieve charm in form and tangible in rhyme. As an important part of the Chinese cultural system, classical dance occupies an important position in the Chinese cultural library. From the perspective of form, classical dance seems to be dominated by movement and posture. But if you look closely, there are obvious differences. Dance consists of body movements. The transformation between movements is essentially a change of movement. Movement is the grasp of "vigor" and "Qi", and is the essence of classical dance and verve. There
are similarities between classical dance and Tai Chi. Both pay attention to movement and flow. The beauty of this movement and the flowing artistic charm are not only reflected in the body movements, but also in the dancers' emotions and emotions. The picture shows the charm of Chinese classical dance:

![The charm of Chinese classical dance](image1.png)

Only by mastering the essence of classical dance can we naturally transition from one action to another, and achieve the relaxation and freedom of emotion and charm in the connecting movement. Especially in the performance of subjects with high difficulty coefficient, dancers need to spend more time and effort to study the beauty of form and charm of body language. Dancers not only need to show the noble elegance of the lotus with the help of body language, but also need to give the lotus fresh vitality with the help of facial expressions and emotions.

### 3.2 Combination with goodness and beauty

Chinese classical dance not only creates a beautiful beauty of form and God, but also reflects a combination of goodness and beauty. You may have seen a lot of integration of goodness and beauty in literary works. In fact, the artistic conception presented by classical dance is also a mixture of goodness and beauty. The beauty of Chinese classical dance lies in its combination of form and spirit, passing on form by spirit, its proper dress and beautiful dance posture, its charm and concentration, and thousands of images. Only the blending of history and modernity can Chinese classical dance be so beautiful. Some people have explained the artistic conception from the perspective of philosophical speculation, and believe that the artistic conception is a kind of mutual unity and blending of subjective and objective. It is the impression of "form and God" formed in the brain by "emotion and reason" through people's sensory feelings. As shown in Figure 2, it is the exploration of charm beauty:

![Exploration of charm beauty](image2.png)

This explanation is mainly from the perspective of artistic speculation, but does not highlight the abstraction of art. The "goodness" of Chinese classical dance is a kind of "benevolence" in philosophy. Both humble things and silent people are deeply influenced by our ancient and long
history and culture, and can understand the culture of "simplicity of the road" and "benevolence of the road" in our cultural tradition. Therefore, what Chinese classical dance brings to people is a kind of respect for life and an understanding of universal care. Chinese classical dance is the combination of goodness and inherited beauty accumulated by Chinese civilization for thousands of years. Although it is presented to the audience in a narrow space, the avenue we understand is the beauty of human nature, civilization and history.

4. Conclusion

The creation of dance artistic conception is not only the process of spiritual resonance between dance creators and receivers, but also the highest realm of reflecting the charm of Chinese classical dance. It requires art creators to show their understanding and understanding of life and the meaning of life through life edification and artistic exercise, which is the charm and soul of Chinese classical dance. Chinese classical dance shows history and modernity, and is good at the blending of beauty, which is the treasure and pride of our nation. That is, with the development of the times, classical dance is inclusive and progressive. This is the charm of classical dance and the key factor for Chinese classical dance to conquer the world. Chinese classical dance pays attention to the combination of heart and artistic conception, the perception of meaning and Qi, the moderation of Qi and power, and the coordination of force and form, which is also the artistic essence of classical dance. It symbolizes the national spirit of the times and embodies the characteristics of the development of the times. The birth and development of Chinese classical dance reflects people's respect for ancient dance culture and the influence of Chinese cultural tradition on dance art. The spirit and rhyme of dance has become the core of Chinese classical dance. At the same time, it is also the soul of the pulse and rhythm of Chinese classical dance.

References


